

Autumn / winter 2025/2026 Menu Reading school – Week 1 Dinner

Monday	Tuesday	Wednesday	Thursday
Dinner Lamb kofta With pitta bread Raita, Greek salad & sauté new potatoes	Dinner Smoked paprika Chicken stroganoff Served with wholegrain rice Braised red cabbage & apple	Dinner Coq Au vin (chicken stew) Bacon lardons, mushrooms, button onions Roasted rosemary roasted new potatoes, garlic, lemon & parsley green beans	Dinner Korean inspired Spiced turkey tacos Home pickles, avocado, fennel & celeriac slaw Korean style fried rice
Dinner Vegetarian Paneer & roasted vegetable skewer With pitta bread Raita, Greek salad & sauté new potatoes	Dinner Vegetarian Mushroom, spinach & tofu Stroganoff Served with wholegrain rice Braised red cabbage & apple	Dinner Vegetarian Butter bean & lentil Stew mushrooms, button onions Roasted rosemary roasted new potatoes, garlic, lemon & parsley green beans	Dinner Vegetarian Korean inspired Crispy portobello, Quinoa tacos Home pickles, avocado, fennel & celeriac slaw Korean style fried rice
Dessert: Chocolate fudge cake	Dessert: Golden syrup Sponge cake, vanilla custard	Dessert: Poached pear and nutmeg rice pudding	Dessert: Apple gyoza Fruit preserves & cinnamon sugar
Snacks Sliced fresh watermelon	Snacks Boiled eggs, whole wheat crackers, grissini sticks	Snacks Popcorn	Snacks Lemon & herb chicken wings / Crispy tofu