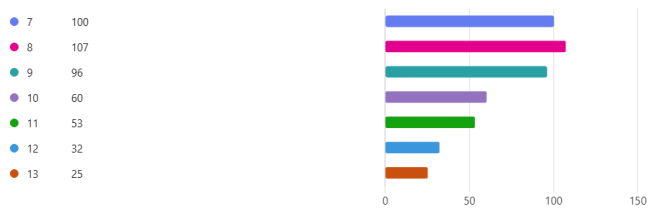


Reading School Student Behaviour and Bullying Survey (Safeguarding) January 2026

- Live for 5 weeks
- 473 (vs 462 in 2025) responses
- Tutor time, PSHE lessons, headmaster’s bulletin, Teams
- 18 rating Qs 1 (strongly disagree) to 5 (strongly agree)
- 71 average score (top score 90) (matches 2025)
- 77 students 80 and above (77 2025)
- 47 students below 60 (35 2025)
- Individual students have been followed up if they have raised a specific concern eg bullying, online safety, safe areas or unsafe around people
- Actions arising:
 - *Behaviour review – in lessons, between lessons, online*
 - *Social media and provision of online safety information*
 - *PSHE curriculum review – extremism, perfectionism, gangs and county lines, honour-based violence, hate crimes, grooming, child criminal exploitation*
 - *Share positives of student support experiences widely*
 - *Duties reminder and QA from SLT for safe break time spaces*
 - *Add worry discussion points to tutor time curriculum*
 - *Oline safety group – curriculum review, student panel, parent engagement*
 - *Share concerns with parents and re-share with parents how to set screen limits*



4. Choose your year group:



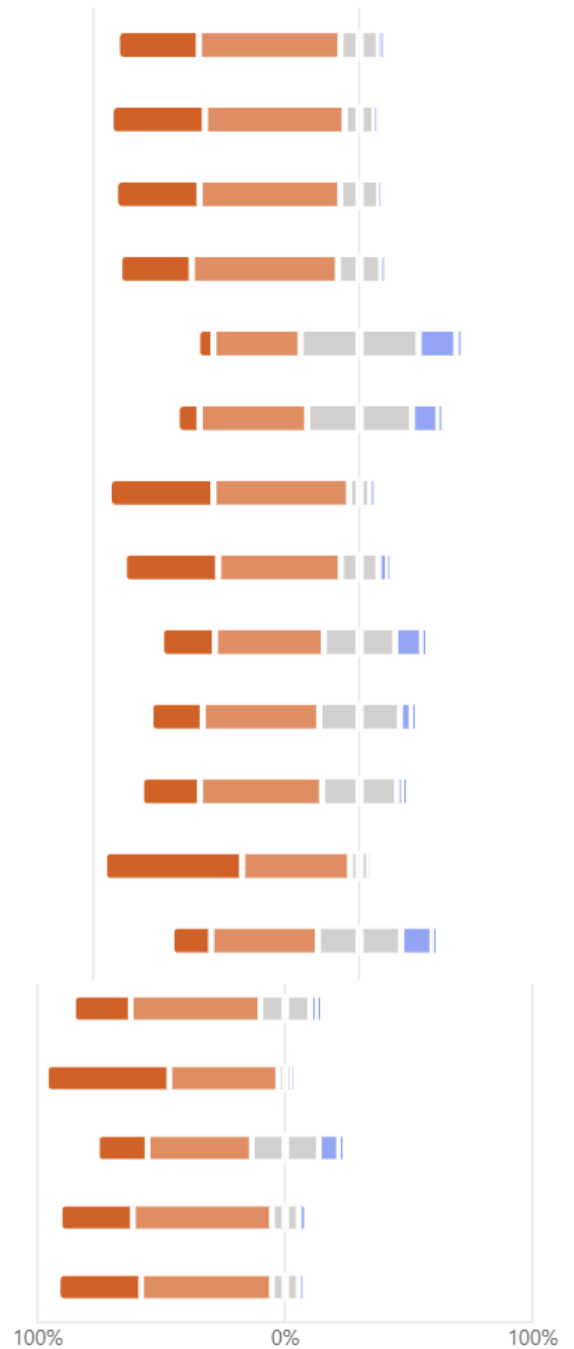
Contents

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- Worries of Young People.....6
- Online Safety.....7

Student Safety at Reading School

● Strongly agree ● Agree ● Neutral ● Disagree ● Strongly disagree

- I like attending lessons at Reading School
- I enjoy learning at Reading School.
- Teachers help me do my best.
- Teachers listen to what I have to say in lessons.
- The behaviour of other pupils in my lessons is good.
- The behaviour of other pupils around school/online is good.
- Reading School encourages me to behave well and regularly reflect on my own behaviour.
- There is an adult at school I can talk to if something is worrying me.
- Bullying is not a problem at Reading School.
- If I have raised issues with a teacher, these have been dealt with fairly.
- If I have raised issues with a teacher, I have been reassured that appropriate actions are in place to address the issue.
- I feel safe when I am at school.*
- Misbehaviour on social media is not a big problem at Reading School.
- Reading School provides sufficient education on how to behave appropriately online.
- Reading School encourages me to respect people from other backgrounds and to treat everyone equally.
- The Safeguarding, Wellbeing and Inclusion Channel on the Reading School Students Team is useful to signpost support and...
- I know how to raise safety concerns I might have about a friend or another student.
- I know what to do if I have a complaint (a worry or concern about something or someone).



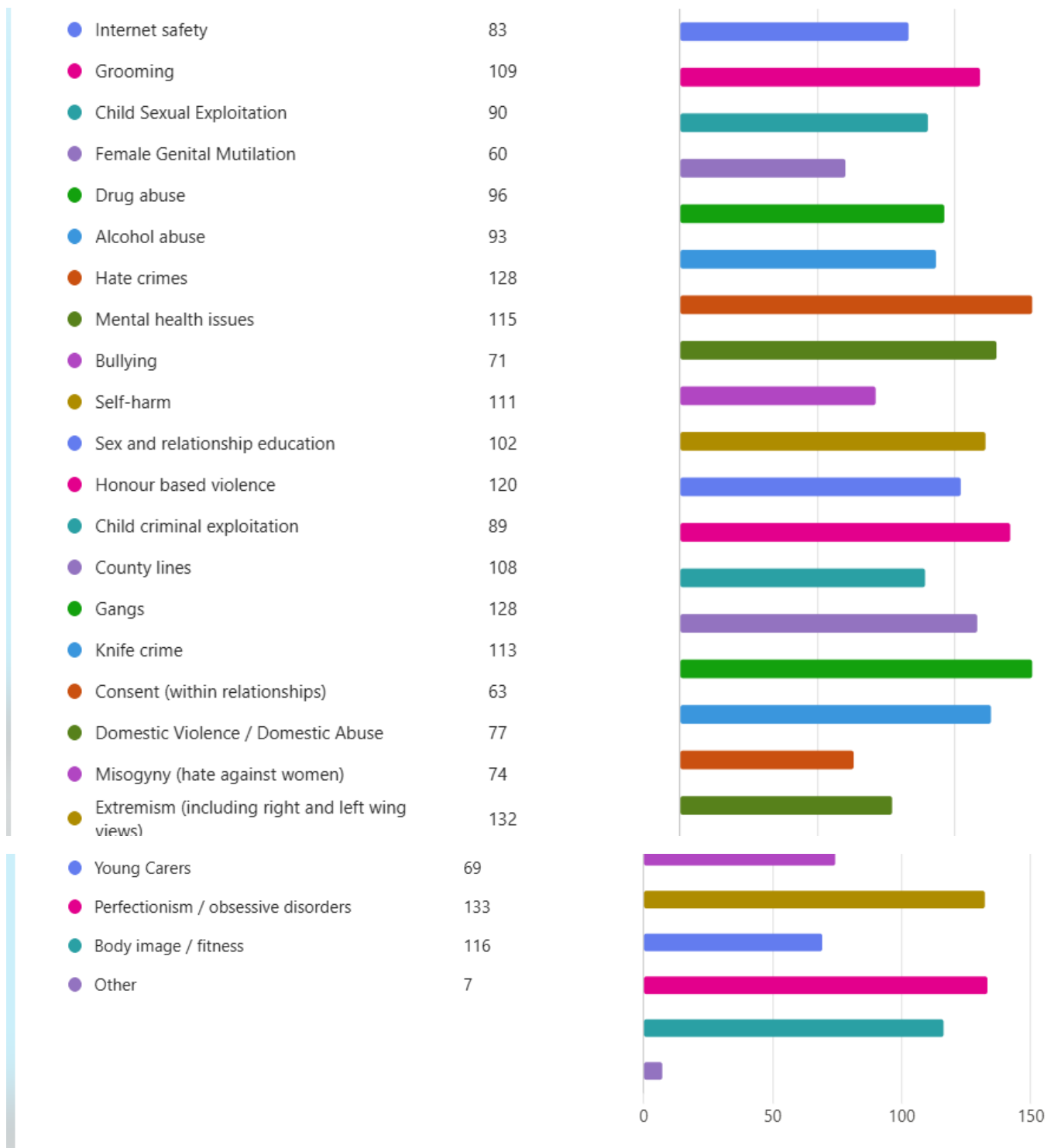
To action:

behaviour review – in lessons, between lessons, online (see online safety below, and safe areas information)

Behaviour, bullying, social media, school providing online safety information

PSHE Topics

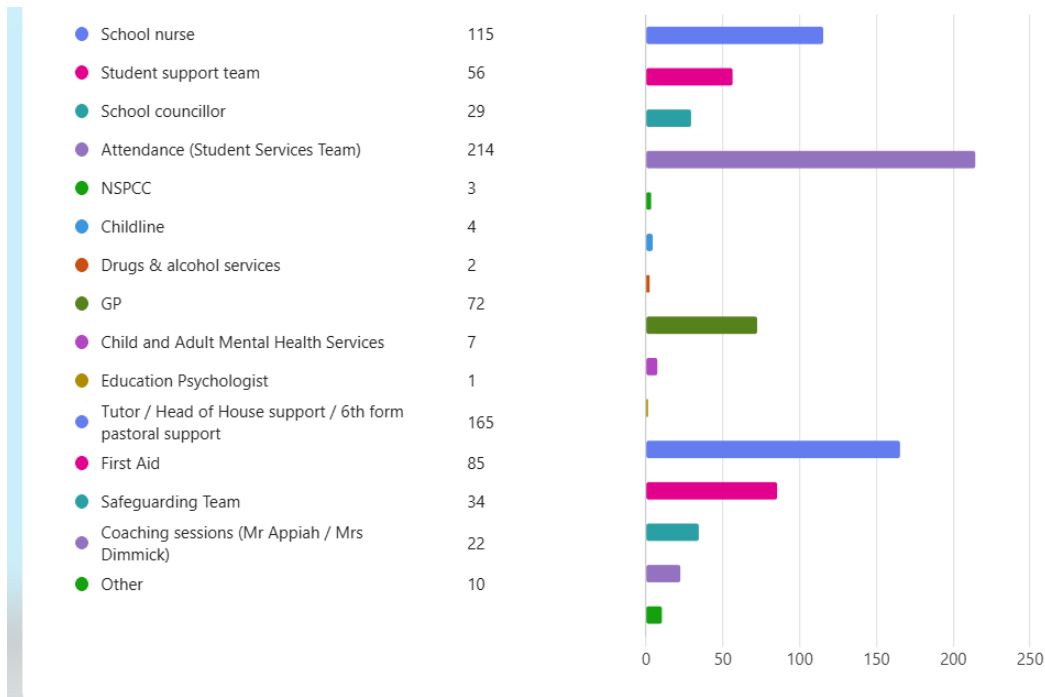
What do students want more information on?



To action:

PSHE curriculum review – extremism, perfectionism, gangs and county lines, honour based violence, hate crimes, grooming, child criminal exploitation

Support Services



1. Staff Kindness and Approachability. Friendly, calm, and easy to talk to.

- “Everyone is really supportive.”
- “Staff are calm and really friendly.”
- “Everybody is quite friendly and you can just vent without worry.”
- “They are easy to talk to and easy to access.”

Students feel:

- Safe approaching staff
- Comfortable discussing problems
- Emotionally supported

2. Helpfulness and Problem Solving. Support that empowers.

Many students highlight that staff:

- Listen carefully
- Provide practical advice
- Help resolve issues
- “They always listen and give a really good response to my problem.”
- “Very helpful and understanding.”
- “Provided meaningful support.”
- “Advice helped me solve problems independently.”

3. Accessibility of Support. A multi-layered approach

Students frequently mention that support is easy to access.

- “Easy to talk to and easy to access.”

- “Head of House and tutors are easily accessible.”
- “Staff are aware when students need support.”

Students also value: Tutors, Head of House, Student Services staff, School nurses

4. First Aid and Medical Support. High trust in the care.

A number of comments specifically praise first aid and school nurses.

- “Staff were nice and supportive at first aid.”
- “School nurse is friendly and helpful.”
- “They help me when I get injured.”
- “Appropriate equipment was provided.”

5. Efficiency and Organisation. Operational systems are visible and valued by students.

Students appreciate practical systems such as:

- Lost property organisation
- Quick response times
- Sign-in iPad
- Efficient support processes
- “No time was wasted.”
- “Efficient system.”
- “Lost property is easy to find.”

6. Academic and Personal Support

Students mention support with:

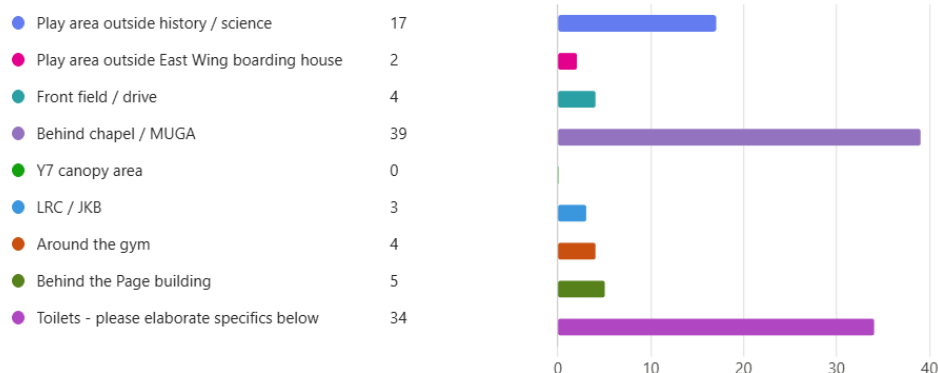
- Coaching sessions
- Tutors
- Academic guidance
- Social skills development

“I go to student support regularly... improving my social skills.”

Safety on site and around people

15. There are particular **areas** I feel **unsafe** in at Reading School:

[Mo](#)



To action:

Duties reminder and QA from SLT

Worries of Young People

The biggest concerns among this group are:

1. Future careers and employment
2. Exams and academic performance
3. Global politics and war
4. Climate change
5. Personal wellbeing and family issues
6. AI and technological change
7. Bullying and social issues

The largest concern by far is the future, particularly:

- Job prospects
- Career choices
- University entry
- Financial stability

Many students link this to economic uncertainty and competition.

Academic pressure is very high

A large proportion of responses mention:

- GCSEs
- A-levels
- Tests and grades

- Fear of failure

This suggests assessment pressure is a major source of anxiety.

Global issues strongly affect young people

Students frequently mention:

- Wars and geopolitics
- Political leaders and international tensions
- The possibility of World War 3

This shows young people are engaging heavily with global news.

Climate anxiety is significant

Climate change appears repeatedly, often framed as:

- Concern for the future of the planet
- Fear about the world they will inherit

AI is emerging as a new worry

Several students worry about:

- AI replacing jobs
- Technology impacting society
- The pace of technological change

Some responses highlight safeguarding and wellbeing issues

A smaller but important number reference:

- Bullying
- Family difficulties
- Feeling unsafe
- Mental health impacts of social media

To action:

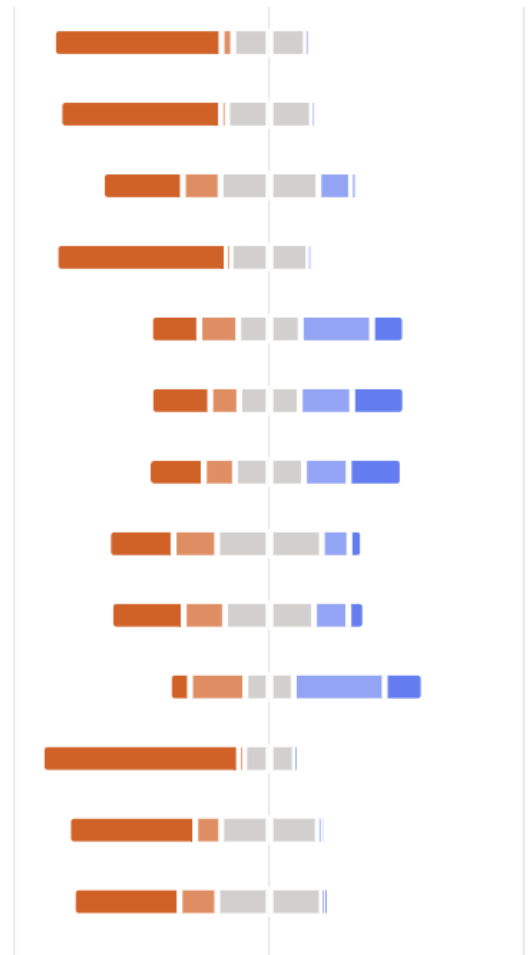
Add discussion points to tutor time curriculum

Online Safety

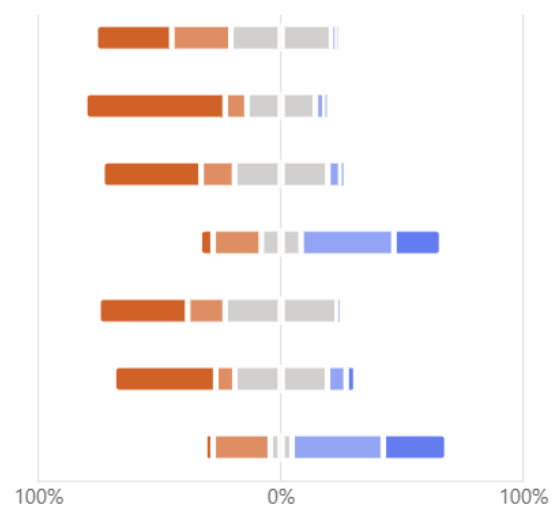
The online safety survey indicates that students have a strong awareness of online safety principles and understand how to manage privacy settings and report concerns. However, a minority report exposure to upsetting online content, social media pressure, and cyberbullying. Some students also report behaviours such as altering their age to access social media platforms or sharing personal content online. The results suggest that while knowledge of online safety is strong, further work is needed to support students in translating this knowledge into safer online behaviour.

● Strongly agree ● Neither agree nor disagree ● Agree ● Disagree ● Strongly disagree

- I use the internet at home for personal use
- I use the internet at home for school work
- I use the internet at school
- I use a mobile phone/tablet/desktop computer to access the internet
- I share the mobile phone/tablet/desktop computer with others (e.g. brother, sister, parents)
- I use a games console (e.g. Xbox, PlayStation) to access the internet
- I use social media websites/apps such as TikTok, Snapchat, Instagram, Twitch, Facebook, etc.
- I mainly look at YouTube and other videos online
- I use my phone's data allowance to access the internet
- I use hot spots to access the internet
- It's important to stay safe online
- I've had lessons about e-safety/online safety at school
- I follow the advice I have been taught about how to stay safe online



- I take care to keep others safe online
- I never share my passwords
- My parents/carers have talked to me about staying safe online
- My parents/carers don't really ask me about what I do online
- I feel safe online
- I know who to speak to if I don't feel safe online
- I would like more help with staying safe online



● Strongly agree ● Agree ● Neither agree nor disagree ● Disagree ● Strongly disagree

I know how to change privacy settings on social media websites and apps such as TikTok, Snapchat, Instagram, Twitch, Facebook,...

I can easily delete information that I've posted about myself online if I don't want people to see it

I know how to block accounts and report messages on social media

I would like more help with privacy settings and keeping my personal information safe on social media

I have seen things online (e.g. pictures, videos) that have really upset me

I feel under pressure to appear perfect on social media

I share photos of myself and my location online

I have changed my date of birth to appear older and create social media accounts

I never give apps permission to access my location, photos or contacts because of the risks involved

I know who I can speak to if I have seen something online that has really upset me

The best way to deal with nasty messages is to delete them without showing anyone else

.....

I know who I can speak to if I have seen something online that has really upset me

The best way to deal with nasty messages is to delete them without showing anyone else

I have received bullying or nasty messages or photos via social media, email or text

I have sent/posted photos or comments in the past that I now wish I had not sent/posted

Online bullying is just as harmful and upsetting as bullying in the real world

I often wake in the night to check my mobile phone

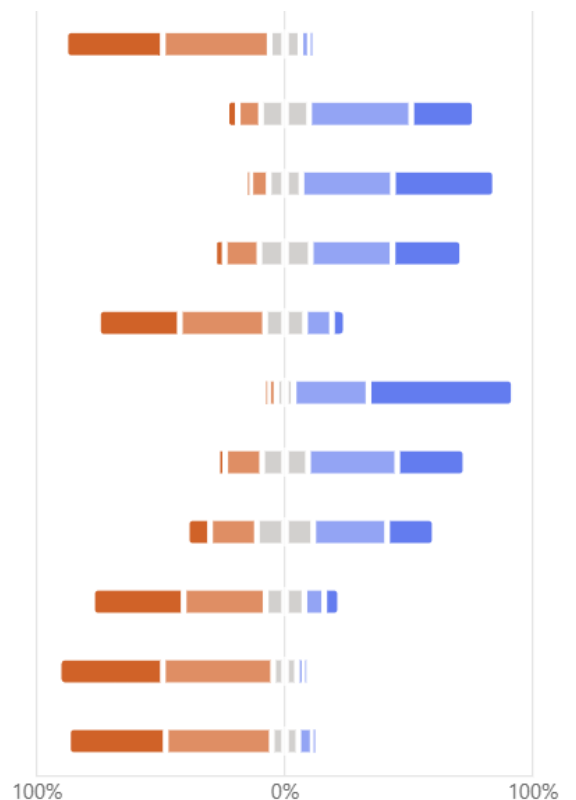
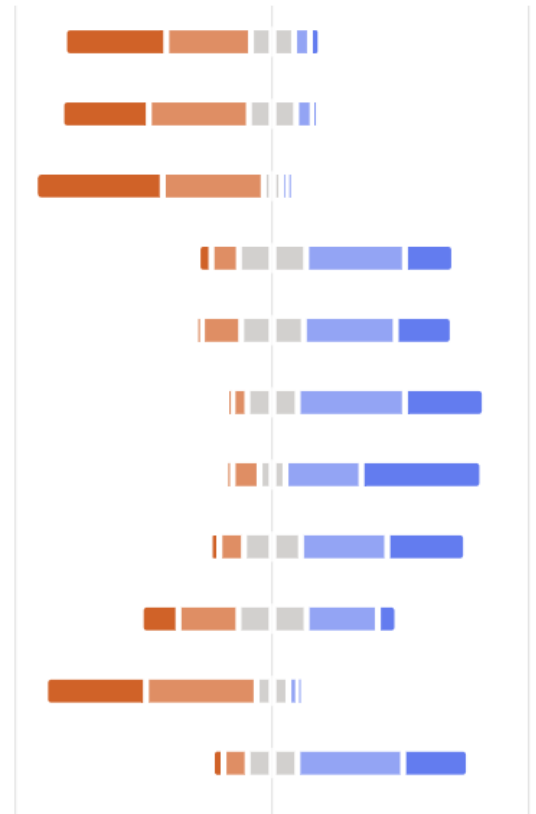
I check my phone each time I receive a notification

My phone is always on me

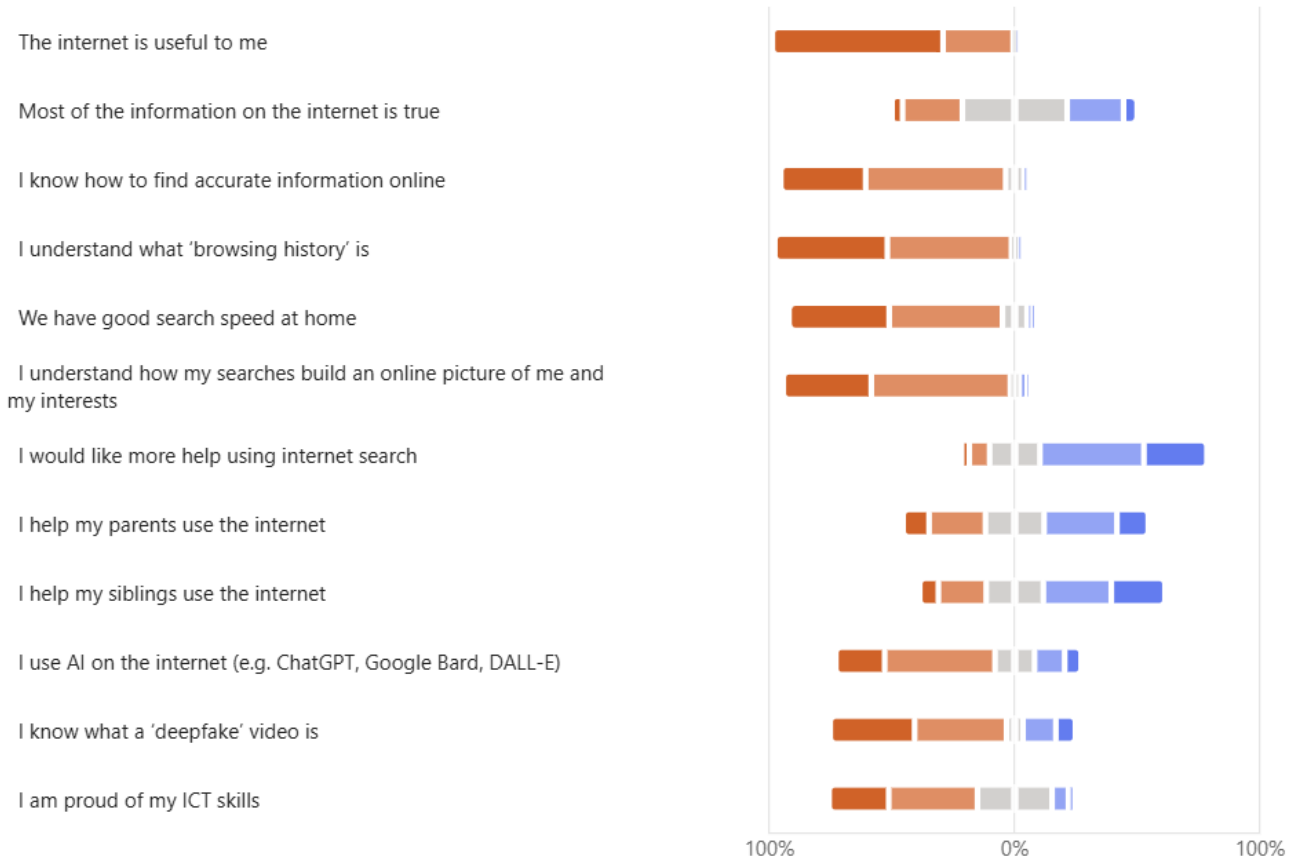
I never leave my phone unlocked to allow others access

I know who I can speak to if I have received bullying or nasty messages via social media, email or text

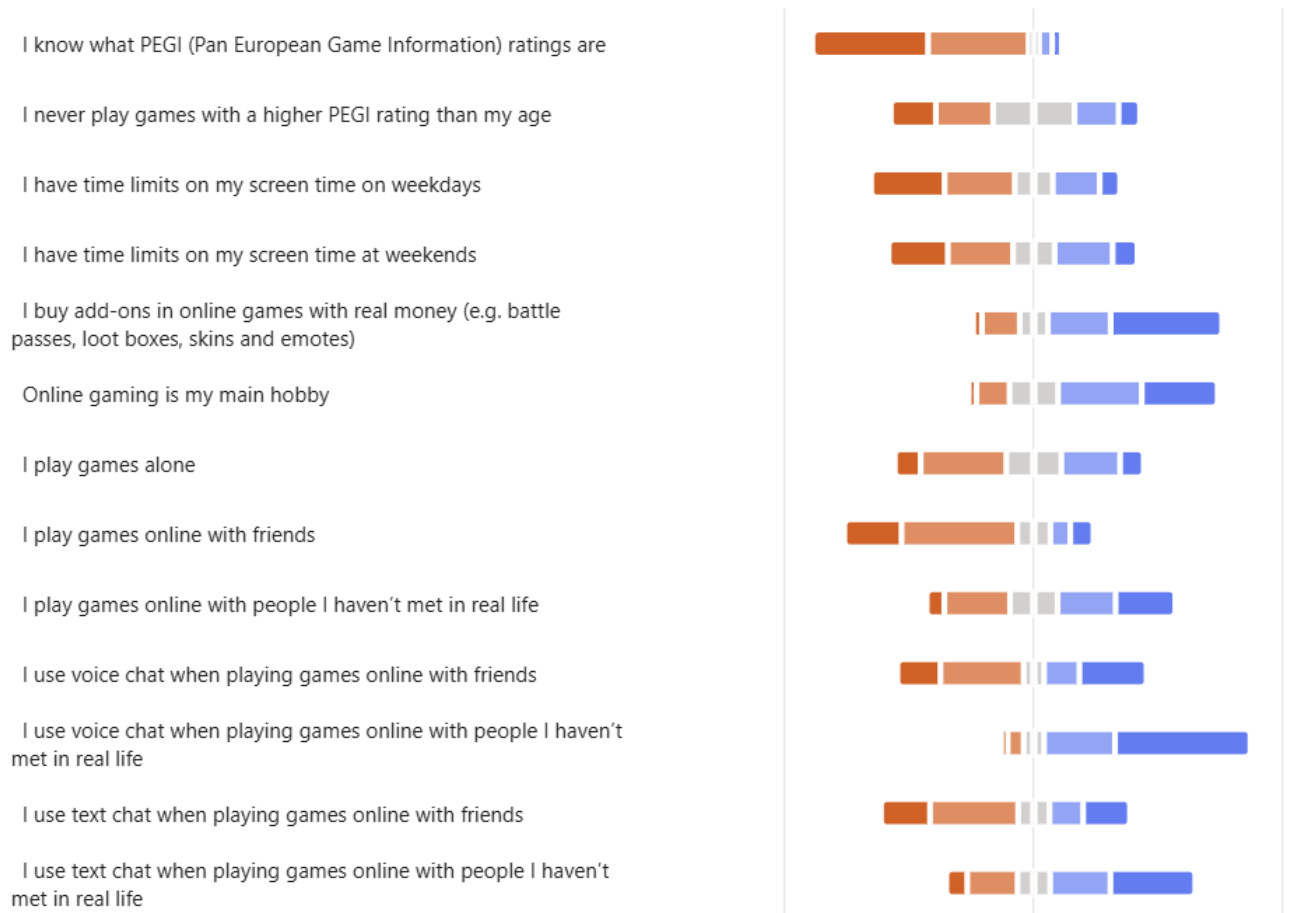
I would tell an adult if I was being bullied or was unhappy with online content or comments



● Strongly agree ● Agree ● Neither agree nor disagree ● Disagree ● Strongly disagree

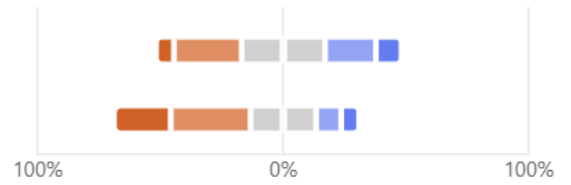


● Strongly agree ● Agree ● Neither agree nor disagree ● Disagree ● Strongly disagree



I get bored with online games

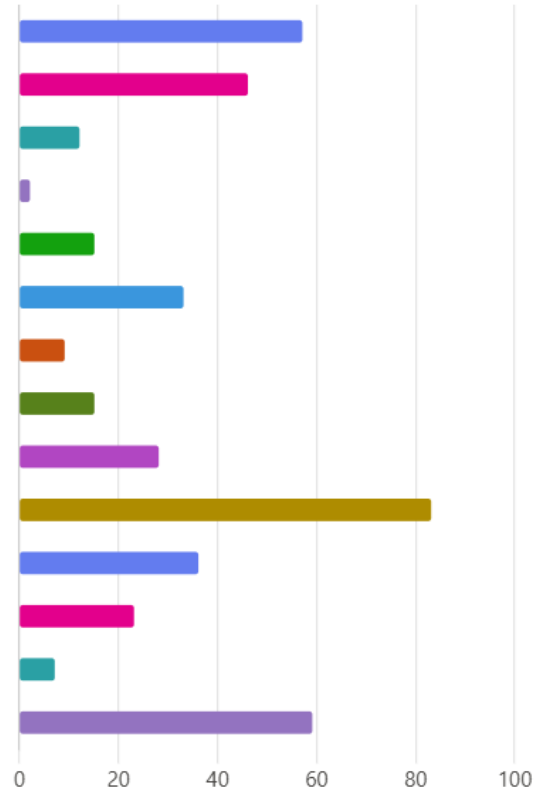
I am skilled at playing online games



24. I feel the following are risks for young people online:

[M](#)

- being bullied online 57
- being contacted by a stranger who wants to meet them 46
- being pressured to send photos of themselves 12
- being sent unwanted photos from someone else 2
- being pressure to share information about themselves 15
- sharing personal information about themselves with someone who then shares... 33
- being sent or seeing something upsetting eg a video or picture 9
- being encouraged to hurt themselves 15
- feeling pressure to seem perfect online 28
- spending too much time online 83
- being given and believing false information 36
- none of these - adults make too big a deal about online safety 23
- none of these (Please specify below) 7
- Other 59

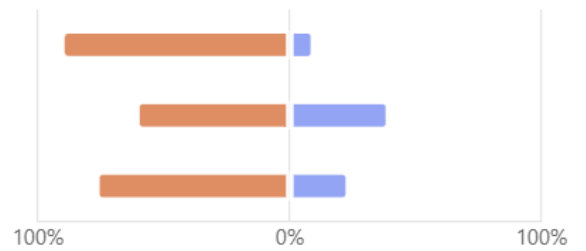


● Real world ● Online World

Rewarding

Engaging

Interesting



24. These questions are about social media and privacy settings

[More c](#)

● Strongly agree ● Agree ● Neither agree nor disagree ● Disagree ● Strongly disagree

I know how to change privacy settings on social media websites and apps such as TikTok, Snapchat, Instagram, Twitch, Facebook,...

I can easily delete information that I've posted about myself online if I don't want people to see it

I know how to block accounts and report messages on social media

I would like more help with privacy settings and keeping my personal information safe on social media

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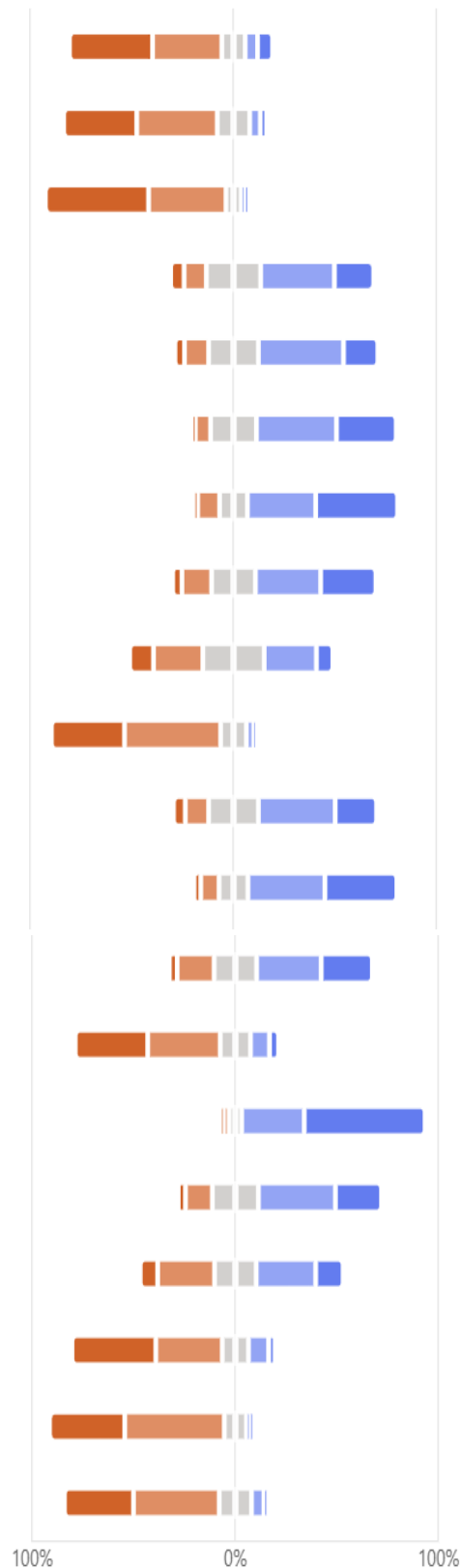
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I know who I can speak to if I have received bullying or nasty messages via social media, email or text

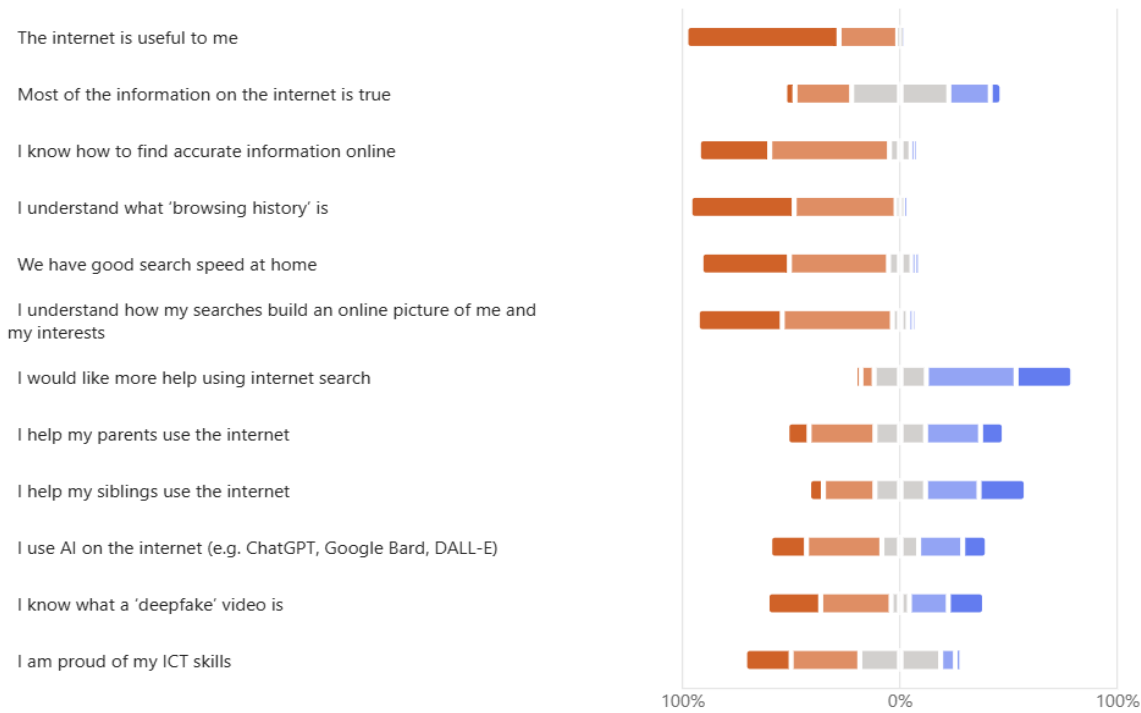
I would tell an adult if I was being bullied or was unhappy with online content or comments



25. These questions are about ICT skills and finding information online

[More](#)

● Strongly agree ● Agree ● Neither agree nor disagree ● Disagree ● Strongly disagree



26. These questions are about gaming

[M](#)

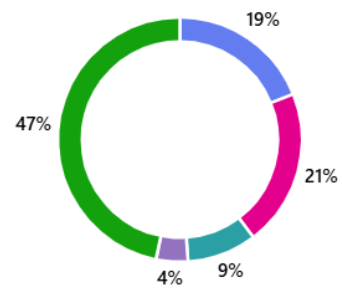
● Strongly agree ● Agree ● Neither agree nor disagree ● Disagree ● Strongly disagree



32. I have time limits on my phone per day, for:

[MC](#)

● 1 hour or less	82
● Up to 2 hours	90
● Up to 3 hours	40
● Over 3 hours	18
● None, I dont have screen time limits	203



To action:

Oline safety group – curriculum review, student panel, parent engagement

Share concerns with parents

Re-share with parents how to set screen limits