



If you're self-isolating and can't leave the house at all because of Covid-19, we can help...

Donate to support our work: www.gofundme.com/f/covid-mutual-aid-reading-berks

Who we are...

We're a community group of volunteers across Reading who got together at the start of the pandemic, trying to help.

We believe in Mutual Aid - ask for what you need, give what you can. That's not charity, it's just community.

Things we can do for you...

- Pick up groceries
- Supply a one-off donation pack of grocery essentials
- Pick up prescriptions
- Let us know what else you need, and we'll do our best to help

If we can't help you, we can help try to find the right people who can. We won't let anyone in our community get left behind.

Please note that we are not care professionals, we are just regular people in your area.

If you don't need help, but you'd like to volunteer, please get in touch using the details on the right...

call us on the hotline:

07380248606

email us at:

Berks_Covid_Help@outlook.com

Facebook

@ReadingMutualCare