

LECTURES

Cath Bishop hosted by University of Reading

The Long Win: How our obsession with winning is holding us back and why it's time to rethink what success means

The University of Reading is delighted to announce the next in our inspirational Alumni Lecture Series, taking place online on **Wednesday 21 October at 18.30 DST** and featuring alumna Dr Cath Bishop (PhD, Contemporary German Literature, 2000).

Cath's unique career combines experience across Olympic sport, diplomacy in warzones and coaching in business. She has encountered the search for success and desire to win at every turn and become fascinated in her writing over recent years with the deeply engrained role that winning plays in our lives. In her talk based on her new book, 'The Long Win: The Search for a better way to succeed', Cath examines our obsession with winning, how it is holding us back in schools, businesses, sports and politics, and proposes a new approach, 'the long win'. Don't miss the opportunity to put your questions to Cath in a live Q&A at the end of the session!

To book your virtual slot click:

<https://www.reading.ac.uk/AlumniAndSupporters/events/UpcomingEvents/Online-Alumni-Lecture-Cath-Bishop.aspx>

Speakers 4 Schools

In partnership with Speakers 4 Schools we are pleased to announce that we have an exciting live broadcast from Penguin. We encourage students to join from home. The details for the broadcast are below and upcoming talks will be announced [here](#) on our site.

In Partnership with Penguin Talks:

How to be a climate optimist with David Wallace Wells, Author and Deputy Editor, New York Magazine & Lily Cole, Environmental Activist, Model, Actress and Filmmaker

Date: Tuesday 13th October

Time: 17.00 – 18.00

Author and deputy editor of New York magazine, David Wallace-Wells, joins environmental activist, model, actress and filmmaker, Lily Cole, to discuss climate change and COVID-19, choosing optimism and what we can do to create the future. Be sure to have your questions ready or pre-submit them to inspiration@speakersforschools.org

Please join here: <https://secure.kinura.com/penguin/> and the broadcast will go live at 17:00pm on Tuesday 13th October. The link provides a secure platform for students to type in questions and this will be moderated by Penguin staff. Only the speakers are visible and have their microphones on as it is a one-way streamed broadcast.

Design your work life from Bill Burnett and Dave Evans

A pre-recorded talk for students to watch for in particular direct at KS4 and KS5.

Bill and Dave are bestselling authors of the book; Designing Your Life and have also written, Designing Your Work Life which this talk focusses on. The book has a focus on how readers can organise themselves through journaling and design thinking.

Bill is Executive Director of the Design Program at Stanford University and Dave is lecturer in the Product Design Program at Stanford, a management consultant, and a co-founder of Electronic Arts. Bill and Dave discuss their big ideas, identifies key dysfunctional beliefs for young people, refer to important research findings on early adult success and lay out how to go forward to design your life and career.

You can watch the talk here: <https://www.speakersforschools.org/vtalks/designing-your-work-life/>

REMOTE INSPIRE LECTURE

Tuesday 13th October at 14:30- Dr Chris Holland (OR 1993-2000) Secrets from the web and the science nobody's heard of.

A talk by **Dr Chris Holland, Senior Lecturer in the Department of Materials Science and Engineering at the University of Sheffield**, arranged by the Society Office.

During his time at Reading School, Dr Chris Holland was an unashamed geek, librarian and school prefect. He studied Biology for his undergraduate at Oxford and had great fun studying silk during his Doctorate at the Oxford Silk Group under the supervision of the original Spiderman, Prof. Fritz Vollrath. Following on from time as a Fellow at Magdalen College and a prestigious UK fellowship, today he has his own research group looking at [natural materials](#). His team is a diverse collection of scientists with different backgrounds, cultures and questions surrounding how nature makes her materials (from spider silk to snail slime!).

This talk will focus on what we can learn from Nature. Animals and plants have been making materials for hundreds of millions of years, and have already solved many of society's problems concerning the environment, sustainability and high performance products. He will introduce the term Biomimicry, learning from nature, before looking at some examples and finishing on looking at the properties of silk, how it is spun and what can we use it for.

There will also be an opportunity at the end of the lecture to discuss with Chris university degree options, including Materials Science and Biological Sciences with insights from both an interviewee and interviewer perspective.

[Join Microsoft Teams Meeting](#)

How to join remote inspire lectures

- Click the form above (relevant to the Inspire Lecture) and confirm virtual attendance
- Click the Teams link to join the Lecture at relevant date and time.
- Pupils to complete the [VTalk and Remote Inspire Lecture Feedback form](#)