

# Reading Boys School Week 2 September 2023

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Morning Break:</b> Sausage Rolls, Bacon Rolls, Pastries <b>(G, MK, E)</b>	<b>Morning Break:</b> Pastries, chicken tikka, tomato, cheese swirls <b>(G, MK, E)</b>	<b>Morning Break:</b> Sausage Rolls, Bacon Rolls, Pastries <b>(G, MK, E)</b>	<b>Morning Break:</b> Pastries, vegetable spring rolls, vegetable samosa <b>(G, MK, E, MU, SE, SO)</b>	<b>Morning Break:</b> Paninis, Toasties, Pastries <b>(G, MK, E)</b>
<b>Lunch:</b> Italian style chicken meatballs, chunky tomato sauce, Italian hard cheese, linguine pasta <b>(G, MK, CE, SO, SP)</b>	<b>Lunch:</b> Beef tagine, braised Turmeric rice, yoghurt & tomato, olive & cucumber salad <b>(CE, MK)</b>	<b>Lunch:</b> Roast chicken thighs and Apples, Roasted New potatoes, root vegetables, & pan gravy. Yorkshire pudding <b>(G, E, MK,)</b>	<b>Lunch:</b> Fisherman's pie, Seasonal greens <b>(G, MK, F, MU, CE)</b>	<b>Lunch:</b> Fish and Chips with Peas or Mushy Peas  <b>(G, F)</b>
<b>Lunch:</b> Italian style Vegan meatballs, chunky tomato sauce, Italian hard cheese, linguine pasta <b>(G, MK, CE, SO, SP)</b>	<b>Lunch Vegetarian:</b> Vegetable tagine, braised Turmeric rice, yoghurt & tomato, olive & cucumber salad <b>(CE, MK)</b>	<b>Lunch Vegetarian:</b> Vegetable loaf, Roasted seasonal vegetables, roast potatoes & pan gravy. Yorkshire pudding <b>(G, E, MK,)</b>	<b>Lunch Vegetarian:</b> Quorn fishless pie, Seasonal greens <b>(G, MK)</b>	<b>Lunch Vegetarian:</b> Battered halloumi cheese with Peas or Mushy Pea  <b>(G, MK)</b>
<b>DAILY JACKET POTATO &amp; PASTA STATION</b>	<b>Baked beans</b>	<b>Bolognese</b>	<b>Mornay sauce</b> <b>(G, MK, MU)</b>	<b>Tomato sauce</b> <b>(SP)</b>

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<p><b>Grab`n`Go:</b> Kiln roasted folded naan bread, chicken skewer &amp; salad. <b>(G)</b></p>	<p><b>Grab`n`Go:</b> Bao Hirata buns, filled with barbeque pulled chicken, crisp vegetable salad. <b>(G, SO, SP)</b></p>	<p><b>Grab`n`Go:</b> Toasted ciabatta roll Marinated breaded chicken breast. Salad <b>(G)</b></p>	<p><b>Grab`n`Go:</b> Garlic &amp; coriander naan bread Lamb shish kebab, mint yoghurt dip <b>(SO, G, MK)</b></p>	<p><b>Grab`n`Go:</b> Pulled BBQ Chicken. Macaroni cheese  <b>(G, MK)</b></p>
<p><b>Grab`n`Go Veg:</b> Kiln Roasted folded naan bread, Roasted Vegetable &amp; Halloumi skewer. <b>(G, MK)</b></p>	<p><b>Grab`n`Go Veg:</b> Bao Hirata buns, filled Caramelised onions, feta cheese with crisp vegetable salad <b>(G, SO, SP)</b></p>	<p><b>Grab`n`Go Veg:</b> Toasted ciabatta roll Spinach &amp; falafel burger salad <b>(G, SO)</b></p>	<p><b>Grab`n`Go Veg:</b> Garlic &amp; coriander naan bread Onion bhaji spicy mayo dip <b>(G, E)</b></p>	<p><b>Grab`n`Go Veg:</b> Macaroni cheese  <b>(G, MK)</b></p>
<p><b>Dessert:</b> Selection of Cakes <b>(G, E, MK, SP, SO)</b></p>	<p><b>Dessert:</b> Selection of Cakes <b>(G, E, MK, SP, SO)</b></p>	<p><b>Dessert:</b> Selection of Cakes <b>(G, E, MK, SP, SO)</b></p>	<p><b>Dessert:</b> Selection of Cakes <b>(G, E, MK, SP, SO)</b></p>	<p><b>Dessert:</b> Selection of Cakes <b>(G, E, MK, SP, SO)</b></p>

Available Daily: Freshly Cooked Soup with Breads, Fresh Cut Fruits, Selection of Sandwiches, Wraps and Sub Rolls, Vegan & Gluten free Options available on request please ask a member of the catering team if you are unsure of any dietary requirements.