



Reading School, Erleigh Road, Reading
Berkshire, RG1 5LW

T: 0118 901 5600

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www.reading-school.co.uk

Headteacher: Chris Evans

Autumn/Winter 2024 Menus

Breakfast Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Hot main Selection of Danish pastries	Hot main Belgium Waffles	Hot main Full English Breakfast	Hot main Fluffy American Pancakes	Hot main Filled Croissants
Fruit smoothie Breakfast Berry	Fruit smoothie Vanilla and honey	Fruit smoothie Breakfast Berry	Fruit smoothie Vanilla and honey	Fruit smoothie Breakfast Berry
Cereals Frosties Weetabix Coco Pops Granola	Cereals All Bran Cookies Cheerios Granola	Cereals No Cereals	Cereals Frosties Weetabix Coco Pops Granola	Cereals All Bran Cookies Cheerios Granola
Alternative Options Hot creamy porridge Fruit Salad Mixed Fruit Yoghurts Toast Orange and Apple Juice Tea and Coffee	Alternative Options Hot creamy porridge Fruit Salad Mixed Fruit Yoghurts Toast Orange and Apple Juice Tea and Coffee	Alternative Options Hot creamy porridge Fruit Salad Mixed Fruit Yoghurts Toast Orange and Apple Juice Tea and Coffee	Alternative Options Hot creamy porridge Fruit Salad Mixed Fruit Yoghurts Toast Orange and Apple Juice Tea and Coffee	Alternative Options Hot creamy porridge Fruit Salad Mixed Fruit Yoghurts Toast Orange and Apple Juice Tea and Coffee



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Breakfast Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Hot main Selection of Danish pastries	Hot main Breakfast English Muffin, free range egg omelette	Hot main Full English Breakfast	Hot main Fluffy American Pancakes	Hot main Baked Beans and scrambled egg on toast
Fruit smoothie Breakfast Berry	Fruit smoothie Vanilla and honey	Fruit smoothie Breakfast Berry	Fruit smoothie Vanilla and honey	Fruit smoothie Breakfast Berry
Cereals Frosties Weetabix Coco Pops Granola	Cereals All Bran Cookies Cheerios Granola	Cereals No Cereals	Cereals Frosties Weetabix Coco Pops Granola	Cereals All Bran Cookies Cheerios Granola
Alternative Options Hot creamy porridge Fruit Salad Mixed Fruit Yoghurts Toast Orange and Apple Juice Tea and Coffee	Alternative Options Hot creamy porridge Fruit Salad Mixed Fruit Yoghurts Toast Orange and Apple Juice Tea and Coffee	Alternative Options Hot creamy porridge Fruit Salad Mixed Fruit Yoghurts Toast Orange and Apple Juice Tea and Coffee	Alternative Options Hot creamy porridge Fruit Salad Mixed Fruit Yoghurts Toast Orange and Apple Juice Tea and Coffee	Alternative Options Hot creamy porridge Fruit Salad Mixed Fruit Yoghurts Toast Orange and Apple Juice Tea and Coffee



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Breakfast Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Hot main Selection of Danish pastries	Hot main Buttered Crumpets, Selection of accompaniments	Hot main Full English Breakfast	Hot main Fluffy American Pancakes	Hot main Hash browns, baked beans and poached egg
Fruit smoothie Breakfast Berry	Fruit smoothie Vanilla and honey	Fruit smoothie Breakfast Berry	Fruit smoothie Vanilla and honey	Fruit smoothie Breakfast Berry
Cereals Frosties Weetabix Coco Pops Granola	Cereals All Bran Cookies Cheerios Granola	Cereals No Cereals	Cereals Frosties Weetabix Coco Pops Granola	Cereals All Bran Cookies Cheerios Granola
Alternative Options Hot creamy porridge Fruit Salad Mixed Fruit Yoghurts Toast Orange and Apple Juice Tea and Coffee	Alternative Options Hot creamy porridge Fruit Salad Mixed Fruit Yoghurts Toast Orange and Apple Juice Tea and Coffee	Alternative Options Hot creamy porridge Fruit Salad Mixed Fruit Yoghurts Toast Orange and Apple Juice Tea and Coffee	Alternative Options Hot creamy porridge Fruit Salad Mixed Fruit Yoghurts Toast Orange and Apple Juice Tea and Coffee	Alternative Options Hot creamy porridge Fruit Salad Mixed Fruit Yoghurts Toast Orange and Apple Juice Tea and Coffee